

## **Promoting health and hygiene**

### **1.18 Nappy changing**

#### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom facilities and hygiene practice in order to accommodate children who are not yet toilet trained (i.e. steps, potties, changing mats etc).

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedures**

- We keep a list of the children in our care who are in nappies or 'pull-ups'. These children are checked regularly (ie. mid-morning, lunch time and mid-afternoon) and these timings are recorded.
- Changing areas are warm and there are safe areas to lay young children if they need to have their nappies changed or checked. We have an 'open door' policy which is adhered to at all times. We respectfully ask other children not to 'spectate' to ensure privacy.
- Children keep their own nappies/pull-ups in their own named bag.
- Gloves are put on before nappy changing starts and the area is prepared. The mat is cleaned with a disposable wipe after each use.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, all staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet.
- They are encouraged to wash and dry their hands.
- Staff are respectful and discrete when changing nappies.
- Staff do not make inappropriate comments about young children's bodies when changing their nappies.

- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically, ie. bagged and put in the nappy disposal unit. Pants that are wet or soiled are bagged for the parent to take home, or in some cases pants may be disposed of. Nappy change times are recorded at each session.
- Key workers avoid pulling faces and making negative comments about nappy contents.
- Key workers do not make inappropriate comments about children's genitals, not attempt to pull back a boy's foreskin to clean unless there is a genuine need to do so for hygiene purposes.
- Key workers record when they have changed a child and whether the child has passed a stool or urinated. This is recorded on our Intimate Care sheets that are available in the changing area.
- Sometimes a child may have a sore bottom. This may have happened at home as a result of poor care; or the child may have eaten something that, when passed, created some soreness. The child also may be allergic to a product being used. This must be noted and discussed with the parent and a plan devised and agreed to help heal the soreness. This may include use of nappy cream or leaving the child without a nappy in some circumstances.
- If children refuse to lie down for a nappy change, they can be changed whilst standing up, providing it is still possible to clean them effectively.
- Key workers ensure that nappy changing is relaxed and a time to promote independence in young children.
- Older children use the toilet when needed and are encouraged to be independent.
- Key workers are responsible for changing where possible. Other key workers take over in the key workers absence, but where it is unavoidable that other key workers are brought in, they must be briefed as to their responsibilities towards designated children, so that no child is inadvertently overlooked and that all children's needs continue to be met.
- Parents are encouraged to provide enough changes of clothes for 'accidents when children are potty training'.

If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

This policy was adopted at a meeting of	Cullompton Pre-School	name of setting
Held on	18 <sup>th</sup> May 2011	(date)
Date to be reviewed	May 2012	(date)
Signed on behalf of the management committee	Emma Jones	
Name of signatory	Emma Jones	

Role of signatory (e.g. chair/owner)

Chairperson

This policy has an annual review period and, as such, will be reviewed and signed off at a management committee meeting of Cullompton Pre-School each year, as shown below.

This policy has been amended to a three yearly review period and, as such, will be reviewed and signed off at a management committee meeting of Cullompton Pre-School each year, as shown below.

Previously reviewed on:-	18 <sup>th</sup> April 2012	by	Jo Fellows Chairperson
Previously reviewed on:-	10 <sup>th</sup> June 2013	By	Michael Hall Chairperson
Previously reviewed on:-	16 <sup>th</sup> May 2016	by	Sarah Lush Chairperson
Previously reviewed on:-		by	

Reviewed by Staff on:	19 <sup>th</sup> October 2022 (AP/AJ/MW)
Reviewed by Committee on:	22 <sup>nd</sup> November 2022
Date of next review:	October 2025
Signed on behalf of the Management Committee:	H Tilley
Name of Signatory (printed):	Hannah Tilley
Role of Signatory (e.g. Chairperson)	Chairperson